



CEC at RB

A Fitness Center for the Mind

January 2010

Continuing Education Center at Rancho Bernardo
Post Office Box 28099, San Diego, CA 92198-0099 ~ Phone (858) 487-0464
www.cecrb.org

Meet our Instructors . . .

Bruno Leone

The multi-talented Mr. Leone is a former University of Minnesota History and Anthropology instructor. He is an author and scholastic editor. As a musician, he has lectured on and performed *Gershwin, Best of Broadway and Broadway's Best Music* at CEC. The former Fulbright Fellowship and National Endowment for the Humanities recipient has lectured on *The Philosophy of History, Neolithic Revolution, Human Aggression, and Evolution or Creationism*. He will be presenting *The Life and Times of Nicolò Machiavelli* on January 20 (see page 2).



Eugene Marseglia, Ph.D.

Eugene Marseglia received his BA with Special Honors in Art History and Theory from George Washington University. He then spent two years in Italy on a Fulbright Scholarship doing research towards his dissertation on the *Architecture of Santa Maria della Steccata in Parma* for which he was awarded a Ph.D. with Distinction from Johns Hopkins University. At the CEC, Dr. Marseglia has instructed classes on *Renaissance Gentleman, Romeo and Juliet, Rembrandt and the Dutch Painters, The Impressionists, Great Painters ~ Carravaggio and Velosquez*. He will be presenting part 2 of *Leonardo da Vinci* on January 19. (see page 2).



From the President . . .

The CEC Escorted Trips program will include a wealth of cultural events scheduled in San Diego during winter and spring, 2010. Prices are based on the cost of tickets, coach and gratuity. All trips include a CEC member as an escort and guide.



- ◆ On Friday, February 19, the world class violinist Joshua Bell performs at Copley Symphony Hall. This outstanding talent made his debut at the age of 14. Tickets are \$65 for members, \$70 for nonmembers. This concert will be memorable!
- ◆ A walking tour of Rancho Santa Fe is scheduled for March 15. This begins with a video at the RSF Historical Society, then a short walking exploration of Lilian Rice's architecture, followed by lunch at the Rancho Santa Fe Inn. A beautiful day!
- ◆ What better time is there to see a Flower Show in Coronado than Sunday, April 18 when the largest tented show in the area will be held in Spreckels Park. Lunch on your own at "The Del" or your choice.
- ◆ Our destination on Sunday, April 25 will be the San Diego Civic Theater to see and hear *La Traviata* performed by the San Diego Opera. This matinee performance offers one of Verdi's most beautiful operas. We have Dress Circle tickets priced at \$130 for members, \$135 for nonmembers.
- ◆ *Les Sylphides*, Chopin's beautiful music set to a ballet performed by the California Ballet Company in honor of the 200th anniversary of Chopin's birth, is scheduled for a matinee on Saturday, May 1. We have balcony seats in the newly restored, historic Balboa Theater.
- ◆ The Itzhak Perlman Recital on Sunday, January 24 is currently sold out, but we are setting up a waiting list. Please call the office (858) 487-0464 if you are interested.

Join us to enjoy these outstanding Escorted Trips in 2010!

Phyllis Healy

For more in-depth information on our instructors,
visit our website at: www.cecrb.org

January Lectures ~ All are at the Remington Club, Phase II

History of The FBI ~ 3-part series

#201A Tuesday, Jan. 5 ~ 10:00 a.m. to noon

#201B Thursday, Jan. 7 ~ 1:30 p.m. to 3:30 p.m.

#201C Wednesday, Jan. 13 ~ 1:30 p.m. to 3:30 p.m.

The FBI from 1908 to 1940 ~ part 1 of 3

#201A Tuesday, Jan. 5 ~ 10:00 a.m. to noon

The history of the FBI will be a 3-part lecture series offered by retired FBI agent Larry Campbell. This lecture will cover the need and origin of creating a federal police presence, the periods surrounding WWI, the stock market crash in 1929, the Depression, Prohibition, and the bank robberies of the '30's.

Instructor: Larry Campbell, J.D. is a graduate of Georgetown University and attained his law degree at the University of San Diego. As a Special Agent, he investigated criminal cases involving bombing matters, domestic terrorism, fugitives, and white collar crime.



Tax & Trust discussion in understandable language!

#202 Wednesday, Jan. 6 ~ 1:30 p.m. to 3:30 p.m.

What could be more timely than a visit with renowned tax and trust attorney, Roberta Robinson. Roberta will present the *Top Ten Estate Planning Tips for 2010* and answer all our questions about changes in the tax law and how it applies to us.

Instructor: Roberta J. Robinson, J.D. In addition to practicing law, Roberta is a frequent speaker on the topic of estate planning. She is well-known for her ability to communicate complex ideas in a clear manner. Roberta has taught "Family Estate Planning" at San Diego State University Extension since 1982.



The FBI from 1940 to 2002 ~ part 2 of 3

#201B Thursday, Jan. 7 ~ 1:30 p.m. to 3:30 p.m.

This period began with the advent of WWII and ended with the Al Qaeda attacks in New York, Washington and Pennsylvania. The War brought new problems to our shores. Espionage, counter-intelligence and foreign spies occupied the organization. When the war had concluded, organized crime and the Mafia created civil issues to be solved. As we evolved into the '60s, economic issues, student unrest and the early Vietnam protests were on the front burner.

Instructor: Larry Campbell, J.D. (see class #201A).



Zionism ~ From the 19th to the 21st Century

#203 Tuesday, Jan. 12 ~ 10:00 a.m. to noon

Contrary to popular belief, Israel did not arise from the

smoke of the Nazi crematoriums. The State of Israel began in the 19th century. We'll follow the chronology of the activities of the Ottoman Empire, the British Empire, the world wars of the 20th century, the United Nations, and the attacks by the Arab nations on Israel. What were the negotiations and where have they led us?

Instructor: Toby Dorfman is a secular, humanistic, agnostic, atheistic, Bible loving American Jew and is a retired Leader of the Humanistic Jewish Congregation of San Diego.

The FBI post 9/11/2001 ~ part 3 of 3

#201C Wednesday, Jan. 13 ~ 1:30 p.m. to 3:30 p.m.

The terrorist attacks on 9/11 ushered in a new era of vigilance. The sophistication of terrorist weaponry and the opportunities for mass killings and public disruption became the principal focus of the FBI. The national security priorities of today's FBI are counter terrorism, counter-intelligence, and cyber crime.

Instructor: Larry Campbell, J.D. (see class #201A).



Transitioning to Elder Care

#204 Thursday, Jan. 14 ~ 1:30 p.m. to 3:30 p.m.

John R. Whiteman has over twenty years of experience in managing and providing in-home, non-medical care services to a variety of clients including seniors with health issues such as dementia, Alzheimer's, strokes, Parkinson's and paralysis. John will take us through the evaluation process and what options might be appropriate. John will answer all questions and discuss those issues that are raised.

Instructor: John Whiteman received his BS degree from Central Michigan University and did graduate work at the University of Detroit and Princeton University. He is President of the Oaks North Community Association.

Leonardo da Vinci, part 2

#205 Tuesday, Jan. 19 ~ 10:00 a.m. to noon



Leonardo was a genius with a mind that revealed incessant curiosity; the anatomy of the human body, internal and external; how we are born and grow; the motion of water and the wind; emotions and the way they are revealed in facial expressions; deformity and perfection; a flying machine; a submarine; architecture; civil and military engineering; sculpture, painting, drawing and music.

Instructor: Eugene Marseglia, Ph.D. (see page 1).

January Lectures ~ All are at the Remington Club, Phase II

The Life and Times of Nicolò Machiavelli

#206 Wednesday, Jan. 20 ~ 1:30 p.m. to 3:30 p.m.

Florentine diplomat Nicolò Machiavelli (1470-1527) viewed humanity with the pragmatism of a statesman and the detachment of a philosopher. Divorcing politics from morality, his memorable treatise, *The Prince*, presented a sinister and cynical view of humanity and the human condition. Yet Machiavelli was, in fact, a political genius, an extraordinary philosopher, and above all, an idealistic Italian patriot. This presentation will examine Machiavelli's fascinating ideas and explain why and how both the man and his views were the product of the period in which he lived.

Instructor: Bruno Leone (see page 1).

The Process of Addiction and Recovery

#207 Thursday, Jan. 21 ~ 1:30 p.m. to 3:30 p.m.

Addiction to alcohol, drugs, or tobacco is prevalent, troublesome, expensive, and in some instances, lethal. What is addiction? Why does one user become addicted and another not? How does the recovery process work and why do some succeed while others don't? The speaker will answer these and other questions, including the pro's and con's of decriminalization and legalization of drug use, from his personal and professional experiences.

Instructor: Donald Gragg, MD, Ph.D., is a recovering alcoholic who was a director of alcohol and drug treatment services for Kaiser-Permanente, a Director of the California Society of Addiction Medicine, and chaired an advisory committee to the Medical Board of California on the treatment of impaired physicians. He is also a former president of CEC and San Diego World Affairs Council.

Please register for classes by mail or in our office.

Fill in class numbers on the registration form inserted in this newsletter.

If you are unable to pre-register, please come to class at least 15 minutes early to avoid a delay and bring the exact amount of cash or a check.

Course Fees:

CEC Members \$5 Per Session.

Nonmembers \$7 Per Session.

Remington Club Residents - No Fee.

Parking in the circle in front of the Remington Club II is limited and reserved for the Remington resident's guests and family members.

If you wish to have a drink during CEC events, please bring a bottle of water. Thank you.

What is really going on with water in California?

An insider's view with Annette Hubbell

#208 Tuesday, Jan. 26 ~ 10:00 to noon



Water in San Diego County is scarce. Is the scarcity weather related or politically created? This question and the misconceptions of water supply and demand and prospects for desalinization will be addressed. Is recycling a solution and what about the future of agriculture?

Instructor: Annette Hubbell retired as the General Manager of the Rincon Diablo Municipal water district but not before securing grant funds that were used to build a recycled water distribution system. She has participated in seawater desalination, state legislative affairs, and the development of county-wide drought management plans.

Afghanistan, Pakistan and Central Asia ~ Is it descending into chaos?

#209 Wednesday, Jan. 27 ~ 1:30 p.m. to 3:30 p.m.

After seven years of failed policy in Afghanistan/Pakistan, does President Obama's strategy lead to stabilizing Afghanistan and ultimately the defeat of the Taliban and marginalize Al Qaeda? Is President Hamid Karzai an ally we can depend on, or are we stuck with an ineffectual, corrupt and crony-ridden leadership?

Instructor: Farouk AL-Nasser, Ph.D. was born in Baquba, Iraq; is a graduate of Baghdad University with a Ph.D. in Electrical Engineering from the University of Denver. Dr. AL-Nasser is president of the San Diego World Affairs Council.

The Romantic Opera Performed by the Pegasus Trio

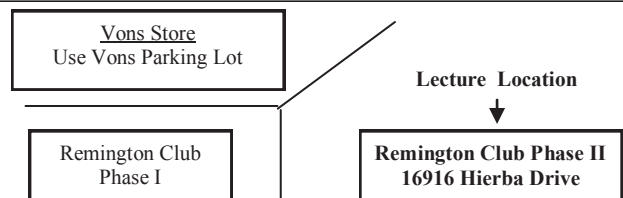
#210 Thursday, Jan. 28 ~ 1:30 p.m. to 3:30 p.m.



The Pegasus Trio features flutist Elena Yarritu, clarinetist Matt Gill and pianist Miho Gary. Elena Yarritu studied at the Yale School of Music and has performed extensively in the San Francisco Bay Area and New York. Matt Gill is a composer and music instructor in San Diego. Born in Japan, Miho Gary studied at the San Francisco Conservatory of Music and coaches young performers.

The CEC CD Foundation Fund has been set up to secure the future of the CEC-RB

Map to the Remington Club. Call (858) 487-0464 for directions.



Acena Drive

Listing of Upcoming Lectures in February 2010

<u>Month</u>	<u>Title</u>	<u>Instructor</u>
February 2	Shakespeare	Dr. Cathy Blecki,
February 3	Memory Loss ~ Prevention and Treatment	Dr. Gilbert J. Ho
February 4	Radical, Religious & Violent	Dr. Eli Berman
February 9	Mideast Prospects Behind the Headlines	Dr. Michael Provence
February 10	Henry VIII	Dr. Douglas Hilt
February 11	A Way with Words	Martha Barnette
February 16	Kabbalah	Toby Dorfman
February 17	Pyotr Ilyich Tchaikovsky and the Twilight of Imperial Russia	Dr. Walter Clark
February 18	Samuel Clemens, Alias Mark Twain: The Man and the Literary Persona	Dr. Dennis Clausen
February 23	The Historical Role of Women in Religion	Rev. Margo McKenna
February 24	The Reformation	Rev. Jay Atkinson
February 25	Van Gogh	Charlotte Gragg

Please call (858) 487-0464 if you need information.

Good Tax News !!!
CEC is approved as a Tax Exempt Nonprofit Or-
ganization. Your membership dues (but not class
registration fees) are deductible from California
and Federal income tax .

President Phyllis Healy
First Vice President Bev McNamee
Vice President for Tom Adikes
Academic Affairs Marion Grant
Secretary Jim Reading
Treasurer Althea Altenbern
Members-at-Large Jo Catherine
 Cy Chadley
 Robert Felt
 Robert Lee
 Sheilah Michael
Past President Cal Watson
Newsletter Editor Judy Adikes
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